



SENIOR CUB ARCHIVE

SPRING & SUMMER ISSUE • APRIL 2024

Why should kids have all the fun!?



Pictured L to R: Tinker Barker, Wanda McDaniel, Ben Haase (back), JR Smith, Easter Bunny, Edwana Fikes, and Nita Hearne

YOUR WELLBEING IS OUR BUSINESS

BY CANDY BLAIR

Loneliness and social isolation among older individuals are top concerns at the Cub Center. Did you know research shows that loneliness and social isolation have profound negative effects on physical and mental health which can lead to death for older adults? In fact, it is said that the mortality risk of loneliness is comparable to smoking fifteen cigarettes per day. WOW!

The Cub Center is working hard to provide a social setting to combat loneliness and isolation. And the community can help.

But how, you ask? Tell others about the center. Word of mouth is the best marketing and doesn't cost a dime. Encourage friends to attend! Bring your parents. Sometimes it helps if adult children take time to accompany a lonely parent to new places. Tell others what we offer: transportation, lunch, exercise, crafts, games, and so much more.

So what are you waiting for?! Come be a part of the place that is saving our heritage community!

Watch our page facebook.com/OlneySeniorCubCenter for meals, upcoming activities, and events.

OLNEY SENIOR CUB NEWSLETTER

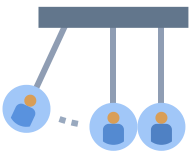
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IMPACT STORY

Our Spring Edition impact story features a congregante client, Nedra Belew. Mrs. Belew is a life-long Olney resident who began attending the center when it was still a youth center. She served on the board in those days. Today she is retired and spends time visiting friends. Here is her story.

Nedra Belew, Congregate client and Quality of Life participant, 1 year

I want to express how grateful I am for the great programs and services at the Cub Center. I have a long history with the place dating back to my childhood. I first attended a craft class last spring and we made stepping stones. Some time after that, my husband (who is wheelchair bound) had to be placed in the nursing home. I had been his caretaker for many years. I was very dedicated to ensuring he received the best care and that he was happy at home. So my decision to move him was difficult to say the least. But I knew that I was making the best decision for him and myself.

But my world was completely changed. Where life had once revolved around emptying the potty chair, filling prescriptions, preparing meals, and scheduling doctors' appointments, now existed a void. I needed connection and fellowship. I needed a reason to get up in the morning. I remembered the craft class I attended and that some friends had invited me to lunch at the Cub Center.

Nine months later, I am a regular at the center known by first name. I enter with a smile and visit with everyone. My favorite thing to do at the center is take up trays and help clean up after activities. Thank goodness for the Cub Center programs and activities which keep me going and motivated!

MEMORIAL & HONORARIUM GIFTS

A donation to Olney Senior Cub Center is a great tribute for a....

**BIRTHDAY • ANNIVERSARY • HOLIDAY • SPECIAL EVENT •
MEMORY OF A LOVED ONE**

Tributes are a great way to let your loved ones know you care. They are designed to accommodate any budget as the size of the gift is chosen by the donor. While flowers and plants will wither and fade, a monetary gift to the Cub Center continues to impact many lives. The recipient of the tribute receives a note in elegant font-style stating that a gift has been made to the Cub Center by said donor in honor or memory of the person.

**TELL YOUR LOVED ONE YOU
CARE TODAY. MAIL GIFTS TO:
OLNEY SENIOR CUB CENTER
PO BOX 216, OLNEY, TX 76374**

*Be sure to include with your payment
the recipient's name, address, and
your acknowledgement address*

MEMORIALS & HONORARIUMS

OCT. 1ST - MAR. 31ST

Doylene Bailey | Kelly & Valorie Mahler
Don Berry | David & Marilyn Ickert, Kelly Mahler, Valorie Mahler,

Dora Crosthwait | William & Debbie Agnew

Jimmy Wesley McLaughlin | Clint & Sheila Pulliam

Al Myers | Janis Myers

Don Neal | Scott & Tammy Clark

Linda Phillips | Brenda Boydston, Wade & Edwana Fikes, James & Jerri Ford, Kerry Stennet

Billy Jack Turner | Breanne Behnke, Sarah Bowman, Carolyn Brandon, Rebecca Buster, Miriam Mitzin Cati, Ann Cholewinski, Cheledine Costa, Alice Culpepper, Julie Guido, Erin Hall, Stephanie Kuhn, Cynthia Lepo, Michael Park, Bradley A Snow, Larenda Twigg, Hanna Watanabe, Aubree L Wiley **PG 2**

THE LATEST PROJECTS

THE REAL HOUSEWIVES OF OLNEY

Meet the "Real Housewives of Olney". But these ladies aren't busy making noise- they're busy making waves in the non-profit world!

These ladies helped prepare for the Souper Bowl Fundraiser at the Center (held in February). They helped peel and chop vegetables for the delicious stew. If you see one of these ladies, give them a high five for their great efforts!

Pictured below (left to right): Kimberly Watkins, Leslie Gary, Nita Hearne, Candy Blair, Sheila Pulliam, Debbie Key, Dee Chandler, Edwana Fikes, Wanda McDaniel, Angela Lockard, Ellen Hardin, Sylvia Furr



Pictured above (clockwise): Candy Blair, Lori Davenport, Vinnie & Ben Haase, Tinker Barker, Becky Garcia, and Angela Lockard
Not Pictured: Lora Weems



CHICKEN FOOT CREW
The chicken foot crew, at first only 2, grew & grew to the fun eight!
So join us **Thursdays at 1pm to play!**



THE DIRECTOR'S CUT

BY ANGELA LOCKARD

The Cub Center is officially 6 months into the 2024 fiscal year. And what a busy year it's been so far! We are delivering an average of 69 meals per day; and serving an average of 28 congregate meals per day.

Possibly the most exciting news comes from the results of the newly revamped Activities

Program which has seen a sharp increase in participation beginning in March this year! Average monthly participation in activities nearly doubled from 22 to 41!

FOR THOSE WHO DON'T KNOW, THE CUB CENTER OFFERS ACTIVITIES WHICH ARE FREE TO PARTICIPANTS.

We also offer a square meal (an entrée, 2 sides, bread, dessert, and a drink) on weekdays for a price that can't be beat: for seniors (60 years and over) the suggested meal contribution is \$4, and for those under 60 years of age, a meal costs just \$6!

If it sounds too good to be true, that's because it's truly great! With soaring inflation prices, you can't afford to miss lunch! Join us weekdays at noon 302 S Avenue B.

Visit the Cub Center website for more information, to donate, or to download a menu & activity calendar: www.olneyscc.org **PG 3**

UPCOMING EVENTS

BIRTHDAYS

*Birthdays are celebrated on the 4th Thursday of the month.
Join us at lunch to celebrate and wish them a happy healthy birthday!*



April

James Jenkins



May

**Spencer Key
Larry Blaylock
Robert Dilmore**

June

**Brenda Boydston
Nita Hearne
Tresia Shook**

July

**Howard Lee
Rex Taylor
James Wiley
Dan Winingham
Edwana Fikes
Sulvia Furr
Lora Weems**

August

**Leslie Gary
Emily Plumlee
Belinda Camp
Debbie Key
Mary Morgan
Judy Underwood
James Ford**

September

**Pat Curtis
Valorie Mahler
Wanda McDaniel
Juan Salas
Celia Aleman
Lucretia Taylor
Edward Furr
Rex Chandler**



FUNDRAISERS & SPECIAL DATES

**Volunteer Week Picture | April 26th @11:45am
Potluck Community Game Night | May 30th @6pm
National Senior Center Month Dance | September TBD
Texoma Gives | September TBD 6am-10pm**

HONORABLE MENTIONS & PARTNERSHIPS

Recognized for dedication, support,
and volunteerism at Olney Senior Cub
Center

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- Amity Club
- Angels Care Home Health
- Beyond Faith Homecare
- Center Well Home Health
- Church of Christ Olney
- City of Olney
- Downtown Men's Bible Study
- Elison Assisted Living
- First United Methodist Church Olney
- Freezin' For a Reason
- Grace Care Nursing Home
- Healing Hands
- Here's Your Sign 76374
- High Plains
- House of Mercy Enterprises
- Interbank
- Junior Altruistic Club
- Lion's Club
- Olney Chamber of Commerce
- Olney Enterprise
- Olney Ministerial Alliance
- Southside Baptist Church
- Stewart's Food Store
- Travis Edwards Foundation
- Walmart #353
- Wichita Falls Area Food Bank
- Young Co. Juvenile Probation Dept.



BOARD OF DIRECTORS

Valorie Mahlor, **President**
David Ickert, **Vice President**
Sheila Pulliam, **Secretary**

-BOARD MEMBERS-

Kent Wright
Nita Hearne
Debbie Key

STAFF

Executive Director • Angela Lockard
Activity Director • Candy Blair
Kitchen Manager • Kimberly Watkins
Kitchen Assistant • Leslie Gary
Kitchen Aide • Denna Chandler
Deliverer & Transporter • James Wiley
Custodian • Nicholas Watkins

VOLUNTEERS

Micaleh Bowman	Faith Powell
Risa Brown	Ronni Walker
Mitch & Belinda Camp	James Walton
Ashlyn Drake	Lora Weems
Edwana Fikes	Phyllis Whitsitt
Larry & Judy Gandy	Darla York

A SMALL
DONATION
MAKES A
DIFFERENCE



Visit our website www.olneyscc.org to donate, download a monthly menu or activities calendar. Like our page [facebook/OlneySeniorCubCenter](https://www.facebook.com/OlneySeniorCubCenter) to be notified of events and posts.

To donate your car, boat, farm equipment, or heavy equipment, call 844-511-7568. The donation is a charitable contribution and will be hauled off at no expense & no hassle for you.



Olney Senior Cub Center

302 S Avenue B
P.O. Box 216
Olney, TX 76374

RETURN SERVICE
REQUESTED



Phone: 940-564-2782
director@olneycc.org

Enhancing the lives of seniors, the disabled, and the underprivileged by providing a nutritious meal, safe environment, warm fellowship, and activities or services which promote healthy mind, body, and spirit.



 **MEALS ON WHEELS**
AMERICA 2024 MEMBER

*More than a meal:
combating hunger and
senior isolation one quality-of-life
experience at a time.*